

# Welcome to 10<sup>th</sup> Grade Parent and Student Night

Presented by the Cold Spring Harbor High School  
Counseling Center  
November 19, 2019  
HS Library

# Agenda

- ▶ Overview & Introductions
- ▶ Information Packet Handed Out
- ▶ Review of 10<sup>th</sup> Grade Information
- ▶ Q & A

# Counseling Center Staff

- ▶ Mr. Arini, Director of Guidance
- ▶ Ms. Pickering, 7<sup>th</sup> and 8<sup>th</sup> Grade counselor
- ▶ Ms. Hannity, 9-12<sup>th</sup> Grade counselor
- ▶ Ms. Messina, 9-12<sup>th</sup> Grade counselor
- ▶ Ms. Friedland, 9-12<sup>th</sup> Grade counselor
- ▶ Mr. Woods, 9-12<sup>th</sup> Grade counselor
- ▶ Ms. Groeninger, Office Assistant
- ▶ Ms. Mezzapesa, Office Assistant

# Your School Counselors...

- ▶ Our mission
  - ▶ To facilitate each student's personal, social, academic and career development
- ▶ Our objectives
  - ▶ To help students identify their interests and abilities
  - ▶ To offer assistance to enhance productivity, dependability, self-expression and control
  - ▶ To foster decision-making and conflict resolution skills to be able to participate in a global society as responsible citizens

# Tips to promote success in the early years of high school...

- ▶ **ENCOURAGE**
- ▶ **PROVIDE STRUCTURE AND LIMITS**
- ▶ **PROMOTE SELF-ADVOCACY**
- ▶ **ASK FOR ADVICE**

# Character Building Experiences

*"We are interested in the talents and interests you would bring to Princeton outside the classroom. We don't value one type of activity over another. Rather, we appreciate sustained commitment to the interests you have chosen to pursue."*

- Princeton University Admissions



Study Abroad



Summer College Experiences



Dedicated Athletics



Research Opportunities



CSH Clubs & Activities



Part-Time Employment

# 10<sup>th</sup> Grade Calendar 2019-2020

- ▶ Highlights:
  - ▶ Continuous: Progress Reports and Report Cards review
  - ▶ October: PSAT available to 10<sup>th</sup> Grade students
  - ▶ November: Counselors meet their 10<sup>th</sup> grade students
  - ▶ January: Program of Study Guide posted and delivered; academic programming begins
  - ▶ June: SAT Subject Tests Available
    - ▶ Regents and Final exams
    - ▶ Summer School registration

# Diploma Types & Requirements

- ▶ Diploma Types:
  - ▶ Regents Diploma with Advanced Designation
  - ▶ Regents Diploma
  - ▶ Local Diploma (still available in special situations)
- ▶ Requirements - Credits & Examinations - see Chart from NYSED
  - ▶ 22 credits (minimum) - specific subject areas
  - ▶ Exams - ELA, Math, Science, Social Studies (1) plus one
  - ▶ Exams - Advanced Designation, variety of options



# GPA Calculation

- ▶ Calculation is based on all grades with the exception of physical education
- ▶ All Honors and Advanced Placement courses are weighted by a factor of 1.1
- ▶ GPAs are rounded to the hundredth (ex: 3.68)
- ▶ Accelerated courses are NOT weighted.
- ▶ GPA vs. weighted GPA

# Honor Rolls & Societies

- ▶ Honor Roll (3.00 GPA) /High Honor Roll (3.66 GPA)
- ▶ National Honor Society - Ms. Segura / Ms. Georgiou
- ▶ Tri-M Music Honor Society - Mr. Chiarello
- ▶ National French and Spanish Honor Society - Ms. Tassani
- ▶ Speech & Debate Honor Society - Ms. Glynn / Dr. Andrews
- ▶ International Thespian Honor Society - Mr. Beja
- ▶ Art Honor Society - Ms. Oswald

**SEE YOUR TEACHER FOR FURTHER QUESTIONS OR DETAILS!!!**

# PSAT and National Merit

- ▶ Offered at CSH to 10<sup>th</sup> and 11<sup>th</sup> Grade Students
  - ▶ Most useful in 11<sup>th</sup> Grade
- ▶ Assess Math and Reading Comprehension
- ▶ Results provide insight into strengths and weakness suggested to address
- ▶ Scores do not directly translate to SAT scores
- ▶ National Merit Scholarship Program
  - ▶ Nationally recognized program that identifies highest performing PSAT test takers
  - ▶ Must take exam in 11<sup>th</sup> Grade
  - ▶ Could lead to meaningful recognition or scholarship

# SAT and ACT Exams

- ▶ All colleges accept either SAT or ACT exam
- ▶ Some colleges are test optional - [www.fairtest.org](http://www.fairtest.org)
- ▶ SAT - [www.collegeboard.org](http://www.collegeboard.org)
  - ▶ Assess Math, Reading Comprehension, and Essay writing (optional)
  - ▶ Each section out of 800 points (Essay scaled 1-4 points)
  - ▶ Often considered strategy based
- ▶ ACT - [www.actstudent.org](http://www.actstudent.org)
  - ▶ Assess Math, English, Reading, Science, and Writing (optional)
  - ▶ Each section out of 36 points, with a composite score representing the average of the four sections (Writing is excluded and scaled 2-12 points)
  - ▶ Often considered content based

# Changes to ACT for Fall 2020

- ▶ **ACT Section Retesting** - Once a student takes a full ACT test, they may retest on one or more sections to improve their results. Students will no longer be required to sit for the entire exam.
- ▶ **ACT Superscoring** - ACT will calculate a “superscore” for students including their highest results on each ACT section, regardless of which test administration date the student tested.
- ▶ **Faster Results** - Students who choose to take the ACT online will receive their scores in as few as two business days. Student’s will need to choose a testing center that supports online testing when registering.

# SAT Subject Tests

- ▶ Required by only some colleges and often depends on major
  - ▶ Those that require, usually ask for 2-3
- ▶ Best taken in May or June of the year you take the subject
  - ▶ Always consult with your teacher to ensure proper preparation
- ▶ Ideal score: 700 is the general benchmark, but may vary depending on exam taken and/or college applied

# Developing a Testing Schedule

## Most Students

- ▶ Fall 10<sup>th</sup> Grade: PSAT (optional)
- ▶ May or June 10<sup>th</sup>/11<sup>th</sup> Grade: SAT Subject Test (optional, also available other various dates)
- ▶ Fall 11<sup>th</sup> Grade: PSAT (required for National Merit consideration)
- ▶ Winter - Summer 11<sup>th</sup> Grade: Take 2 SATs and 2 ACTs
- ▶ Sept. and/or Oct. 12<sup>th</sup> Grade: Retake SAT or ACT (which ever exam is best for you)
- ▶ Oct. and/or Nov 12<sup>th</sup> Grade: Last chance for SAT Subject Tests (may not get results for EA, ED, ED II Deadlines)

## NCAA Recruited Athletes

- ▶ Recruited athletes may want to begin this process a full year early (speak to the college coach to understand their expectations)

# Extracurricular Activities

- ▶ What does this term include?
  - ▶ Clubs
  - ▶ Athletics
  - ▶ After school activities in the community
  - ▶ Boy Scouts, Girl Scouts
  - ▶ Choir
  - ▶ Dance class
  - ▶ Community service - *commit to a cause!*
  - ▶ Part time employment
  - ▶ Keep records!



# NCAA Information

- ▶ Core Course GPA - helps you track your NCAA GPA
- ▶ Grades and SAT/ACT scores matter!
- ▶ Understand the recruiting process for your sport
- ▶ Talk to your coaches and counselor!
- ▶ Register with the NCAA at the conclusion of 11<sup>th</sup> Grade



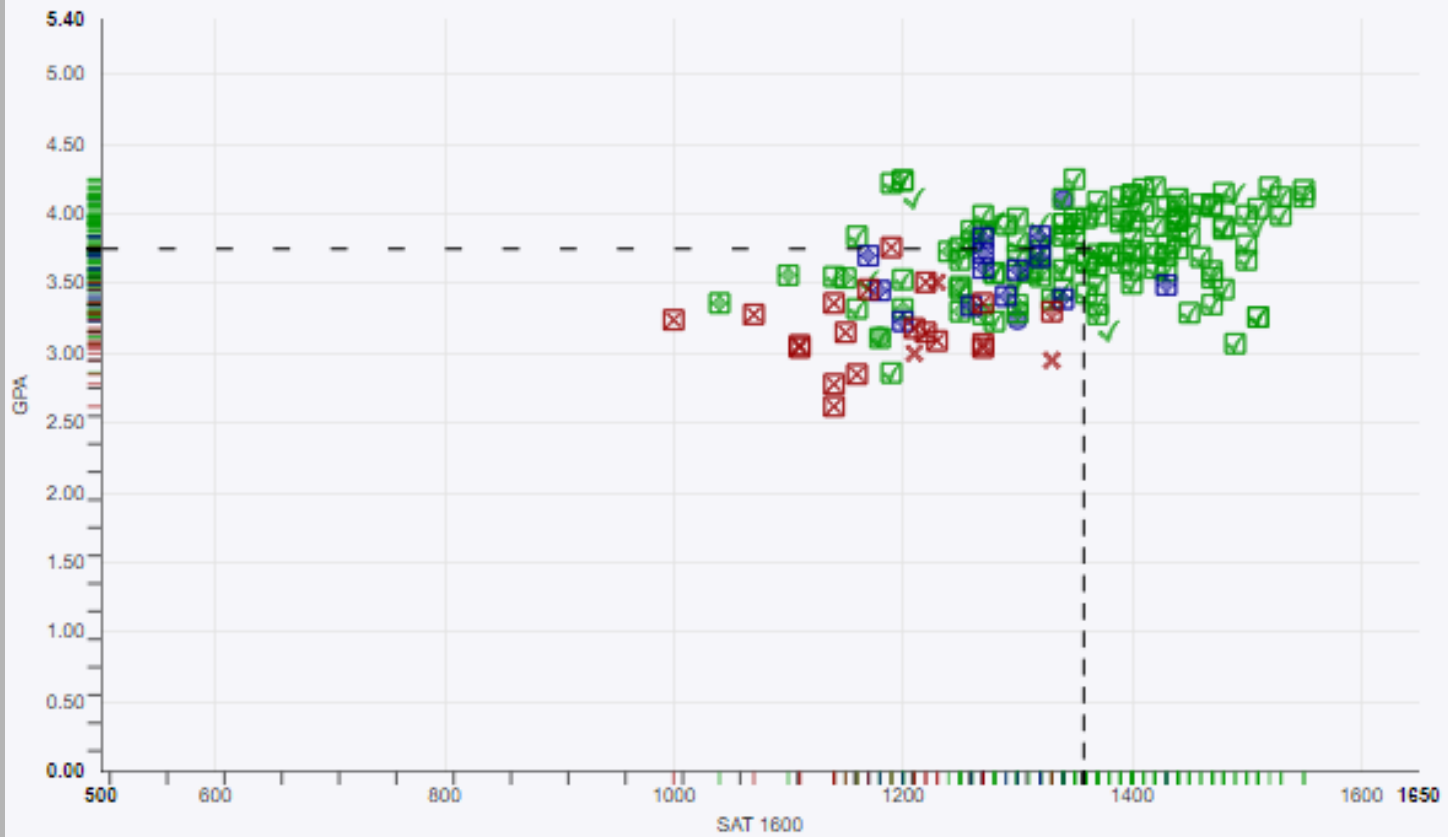
# NAVIANCE

- ▶ Provides college and career information
  - ▶ Learn about careers
  - ▶ Explore Interests
  - ▶ Manage college application material
- ▶ Allows for CSH Counseling Center to communicate easily.
- ▶ Parents can be part of it too!



# Scattergrams | Applications for Cold Spring Harbor High School <sup>1</sup>

Comparing Weighted GPA with SAT (1600 Scale) ▼



**Legend**

You	Accepted Regular Decision	Waitlisted/Accepted Regular Decision	Waitlisted/Unknown Regular Decision	Waitlisted/Denied Regular Decision	Denied Regular Decision
Average GPA	Accepted Early Decision	Waitlisted/Accepted Early Decision	Waitlisted/Unknown Early Decision	Waitlisted/Denied Early Decision	Denied Early Decision
Average Score	Accepted Early Action	Waitlisted/Accepted Early Action	Waitlisted/Unknown Early Action	Waitlisted/Denied Early Action	Denied Early Action

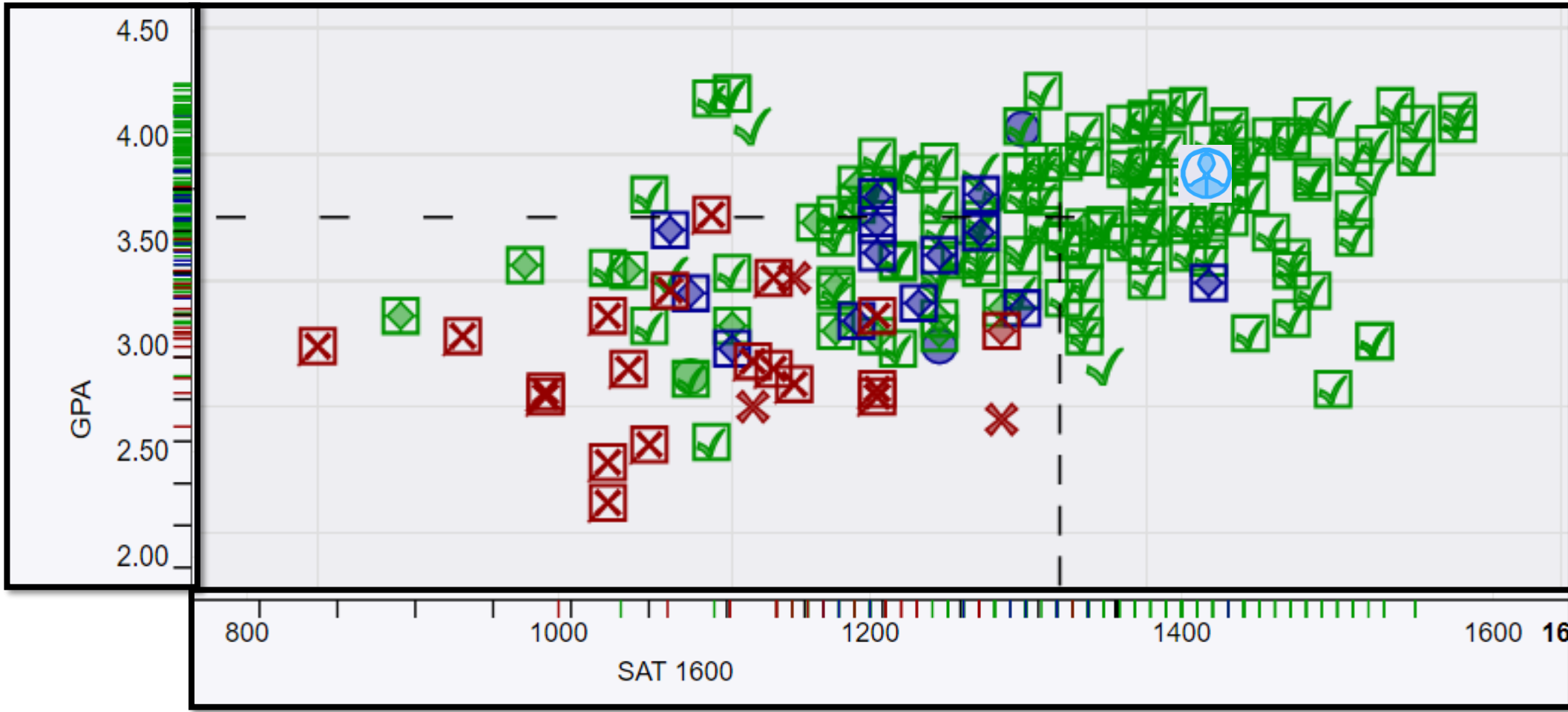
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**Legend**

	Accepted	Waitlisted/Accepted	Waitlisted/Unknown	Waitlisted/Denied	Denied
You	✓	●	●	●	✗
— Average GPA	Regular Decision	Regular Decision	Regular Decision	Regular Decision	Regular Decision
Average Score	✓ Early Decision	⊗ Early Decision	⊗ Early Decision	⊗ Early Decision	⊗ Early Decision
	✓ Early Action	⊗ Early Action	⊗ Early Action	⊗ Early Action	⊗ Early Action

*Click on legend icons or headers to hide each type or group in the scattergram. Doubleclick to reset zoom.*



# Cold Spring Harbor Jr. Sr. High School Counseling Center Website

- ▶ Can be found on the district website
  - ▶ go to Schools, select CSH Jr Sr HS
  - ▶ on the left side, select “Counseling Center” tab
  - ▶ <https://www.csh.k12.ny.us/Page/555>

# Questions & Answers



# THANK YOU FOR PARTICIPATING

We hope to see you soon in the Counseling Center!!!

Contact Information:

Mr. Justin Arini, Director of Guidance

[jarini@csh.k12.ny.us](mailto:jarini@csh.k12.ny.us)